Domestic Violence

A Community Resources Guide to Support Pima County Residents

Tucson Safe & Bright Futures
How to Use This Guide

This resource guide provides a list of local services that can help victims of domestic violence and their children with a variety of needs in a time of crisis. We recommend that service providers use this guide to help victims find assistance when they need it. Giving the guide to victims to take home with them may jeopardize their safety if their abuser finds it. Instead, offer victims a safe and private place to talk, help them identify the services they need, and offer a telephone to make calls.

Some service providers listed in this guide are only open during normal business hours. If you are a victim and you need immediate assistance after hours, we recommend that you contact a 24-hour crisis line such as those listed on page 4.

While every effort has been made to ensure that the phone numbers listed in this guide are accurate and operational, some may have changed since the time of printing. One resource directory that will be updated on a continuing basis is www.az211.gov. Computers with Internet access can be used free of charge at local library branches.

WARNING:

If you are a victim of domestic violence and want to look for help or information on the Internet, please read this. Your safety is the most important thing. If you do not want anyone to know what websites you have visited please follow the steps below to help increase your safety when using the Internet.

Steps to keep others from knowing you have visited a website:

Netscape
Pull down Edit menu, select Preferences. Click on Navigator or choose 'Clear History'. Click on Advanced then select Cache. Click on "Clear Disk Cache". On older versions of Netscape: Pull down Options menu. Select Network Options, Select Cache. Click on 'Clear Disk Cache'.

Internet Explorer
Pull down Tools menu, select Internet Options. On General page, under Temporary Internet Files, click on 'Delete Files'. Under History click on 'Clear History'.

AOL
Pull down Members menu, select Preferences. Click on WWW icon. Then select Advanced. Purge Cache.
**What is domestic violence?**

*Domestic violence* is defined as physical, sexual, and/or psychological abuse committed by a person in an intimate or familial relationship against another person in that relationship. Domestic violence includes a full range of power and control tactics, including coercion, threats, intimidation, emotional/physical/sexual abuse, economic abuse, blaming victims, isolating them from others, and using children as bargaining chips. The root causes of domestic violence are power and control over another person, which can be so extreme that any resistance to that control may explode into violence and even death to the victim. Most victims of domestic violence are women. Domestic violence occurs at all levels of society, in all socioeconomic classes, and in all ethnic backgrounds regardless of social, economic, or cultural factors.¹

**What effect does it have on children?**

*Children,* especially children age 6 or younger, can suffer extreme consequences from exposure to domestic violence immediately, short-term and long-term. The earlier there is intervention, the better the possibility of reversing the impact of violence and of preventing future exposure.² Violence may not be genetic, but it can be passed down from parents to their children.³ Children learn what they see, and exposure to violence as a child is considered a leading predictor of violent behavior in adolescence.⁴ These children grow up to have children of their own, and thus the cycle of violence may be continued.
Domestic Violence Services

Shelters and Safe Houses

*AVA Crisis Center                                            795-4880
*Brewster Center                                                622-6347
*Elder Shelter Domestic Violence (24hr. crisis line)             566-1919

*AVA Crisis Center                                            795-4880
*Casa Amparo-Spanish speaking                                    746-1501
Kom Cukud Ki-Tohono O’Odham Nation                                1-866-666-4889
(Safe house and crisis line-Sells)
Lutheran Social Ministries (24hr. crisis line)                   748-2300
Reunion House (12-17 yr. olds)                                    320-5122
*Tucson Centers for Women & Children                             795-4266
Wingspan Anti-Violence Project                                    624-0348
Wingspan toll free #                                               1-800-553-9387

Domestic Violence Advocacy

Administration of Resources & Choices Elder Abuse                  327-2665
Arizona Child Abuse or Neglect (hotline #)                       1-888-SOS-CHILD (-767-2445)
Boys & Girls Town National                                       1-800-448-3000
Suicide & Crisis Hotline-TTY                                      1-800-448-1833
*Brewster Center Outreach & Advocacy Office                      881-7201
◊ Green Valley                                                     260-0294
◊ Sells Office                                                      1-520-993-0060
Sin Violencia ¡Ganaremos!-Spanish speaking                        573-3637
Casa de Esperanza (Green Valley)                                 625-2273
*DES/Family Connections                                            594-6350
Davis Montthan Air Force Base Family Advocacy (for military personnel) 228-2104
*National DV Hotline                                              1-800-799-SAFE/7233
Pima County Attorney’s Office-Victim Witness Program             740-5525
Tohono O’Odham Nation, Prosecutor’s Office-Sells, AZ             1-520-383-4590
Tucson Indian Center                                               884-7131
Walking in Balance                                                 879-5777
Wingspan LGBT Hotline                                             1-800-553-9387

*specifically for domestic violence
Restraining Order & Orders of Protection Assistance

*Brewster Center Outreach and Advocacy Office 881-7201
Green Valley Justice Court 648-0658
Marana Municipal Court 682-3980
Oro Valley Magistrate Court 229-4780
Pima County Justice Court 740-3171
Pima County Superior Court 740-3210
South Tucson City Court 917-1568
Tucson City Court 791-4971

Immigrant Services

Asylum Program of Southern AZ (APSA) 623-4555
Immigration Law Clinic 626-5232
Mexican Consulate 882-5595(ext.109)
Pima County Bar Association 623-4625
(lawyer referral service)
Southern Arizona Legal Aid 623-9465

Counseling/Mental Health

Arizona’s Children Association 622-7611
Arizona Center for Mind/Body Therapy 721-2464
Catholic Social Services 623-0344
Casa de Esperanza 625-2273
Center for Life Skills Development 229-6220
Child & Adolescent Traumatic Stress Service 886-5111(ext. 429)
Community Partnership of Southern AZ 318-6946
toll free # 1-800-771-9889
*Domestic Violence Outreach Services 881-7201
*Elder Shelter & Later Life DV Services 327-2665
Esperero Family Center 326-8424
Fuerza y Esperanza Counseling Services 295-0999
Jewish Family and Children’s Services 795-0300
La Frontera West Office 884-9920

*specifically for domestic violence
Counseling/Mental Health continued

La Frontera East Office 296-3296
Las Familias 327-7122
Lutheran Social Ministries 748-2300
Oasis Center 626-2051
(limited to University of Arizona students & faculty)
Our Family Services 323-1708
(Kool-Kids anger management-kids 8-12/for teens 13-17, teens against violence groups)
Pantano 623-9833
Providence 748-7108
Reflection Family Services, Inc. 795-0981
Southern Arizona Center Against Sexual Assault 1-800-400-1001
Southern Arizona Mental Health Center (24hr) 622-6000
Strengthening the Circle 623-0100
Su Voz Vale/Your Voice Counts 434-0195
*Tucson Center for Women & Children 795-4266
Wingspan Anti-Violence Project 624-0348
YWCA Women’s Counseling Network 884-7810

Legal Assistance

*Arizona Coalition Against Domestic Violence Legal Hotline 1-800-782-6400
*Brewster Center Advocacy Center 881-7201
Lawyer Referral 623-4625
Mexican Consulate 885-5595(ext 109)
Pima Council on Aging Legal Clinic 790-7262
South Tucson Prosecutor’s Office 740-1802
Southern Arizona Legal Aid 623-9461
University of Arizona Domestic Violence Law Clinic 626-5232
(closed summers)
University of Arizona Elder Law Clinic 623-5137
(60 yrs. & older, closed summers)

*specifically for domestic violence
Public Health Nursing
Services and information provided for the following topics: family planning, pregnancy, parenting and child care, immunizations, communicable diseases, safety, crisis intervention and general health. Public health nurses specialize in case management and home visits.

- North Office 293-4620
- South Office 889-9543
- East Office 298-3888
- Green Valley Office 648-1626
- Ajo Office 387-7206

Low Income Medical

El Rio Health Center 670-3909
Kids Care 1-877-764-5437
Planned Parenthood 884-5562
St. Elizabeth’s of Hungary 628-7871
Women’s Pregnancy Center 622-5774

(offer free pregnancy tests, pregnancy options)

Community Shelters

Women and Children

Casa de Los Niños (children birth-8 years) 624-5600
Casa Paloma (no children) 882-0820
Gospel Rescue Mission-Bethany House (24 hours) 622-3495
New Beginnings** 292-0648
Open Inn Runaway Shelter (children under 18 years) 670-9040
Our Family Services (18-22 years) 323-1708
Reunion House (teens 12-17 years) 320-5122
Salvation Army Hospitality House (24 hours) 622-5411
Short Term Shelter (female teens 12-17 years) 887-8773
Street Outreach (13-17 years) 323-1708
Traveler’s Aid 622-8900

**with condition that survivor has not experienced domestic violence in last 4-5 months
Community Shelters continued

Men
Gospel Rescue Mission (24 hours) 622-3495
Primavera Shelter 623-8900
Salvation Army Hospitality House (24 hours) 622-5411
Traveler’s Aid 622-8900

Rent/Mortgage/Utilities

AFL/CIO 751-9672
(American Federation of Labor/Congress of Industrial Organization-utilities)

Arizona Housing & Prevention Services 498-4613
(rent, mortgage, utilities)

Chicanos Por la Causa 882-0018
(employment, mortgage, rent, utilities)

Greater Littlestown Resource Group 574-2263
(county residents only)

Interfaith Community Service 297-6049
(rent, utilities, door locks, prescriptions)

Marana Health Center 682-4111
(utilities)

Pima County Community Action Agency 243-6688
(hotline-rent, utilities, job/computer training)

Project P.P.E.P (Portable, Practical, Education, Preparation) 622-3553
(utilities)

Salvation Army Hospitality House
◊ food boxes 622-5411
◊ rental assistance & utilities 294-5224

St. Vincent de Paul Society 628-7837
(food boxes, financial assistance for rent & utilities)

Tucson Indian Center 884-7131
(rent & utilities)

Tucson Urban League 623-4388
(rent & utilities)
Public Assistance

Parenting Education
Includes counseling, support and education services

Birth to Five Hotline
1-887-705-5437
(Available for questions - early childhood specialist, mental health specialist, early literacy specialist, disability specialist, registered nurses & mental health counselors)

Parenting Arizona
319-1040
( Parenting classes & child care)

Child Protective Services
1-888-767-2445

Parent Aid
798-3304
(weekly in-home visits & workshops)

Our Family Services
323-1708
( parenting classes - offered in English & Spanish, parent-child interaction therapy, play therapy, school mediation classes)

Parent Connection
321-1500
( parenting classes, playgroups, support groups)

Pima County Parenting Coalition
624-9290
( parenting infoline)

Childcare Resources

Angel Children’s Center
326-7135
(child care services)

Arizona Education Intervention Program (AZEIP)
325-6495
(developmental assistance - birth to 3)

Child Care Resource & Referral
325-5778

Project Me Too
795-4977(x234)
(information and support for special needs children)
**Financial Assistance**

City of Tucson Housing Programs 791-5262
Crime Victim Compensation 740-5525
(counseling, lost wages, funeral expenses, medical bills)
Social Security Tucson Office 1-800-772-1213
Arizona Department of Economic Security (DES)
- Northside 293-0214
- Downtown 791-2732
- Midtown 881-4081
- Southside 578-8456
- Eastside 741-9751
- Northwest 620-6616

**Food & Material Goods**

Crisis Pregnancy Center 622-5774 or 806-0266
(diapers, maternity clothes, prenatal care)
Giving Tree Outreach Program 320-5437
(clothing, food boxes)
Life Resource Center 622-5774 or 806-0266
(diapers, maternity clothes)
Lutheran Social Ministries 748-2300
(food boxes, clothing)
Reachout 321-4300
(diapers, formula, baby items)
Women’s Life Resource Center 325-6041
(diapers, clothing, household goods)

*specifically for domestic violence
**Resources for the Elderly**

Adult Protective Services 881-4066
*Elder Shelter -hotline 566-1919

Our Family Services
(case management, counseling & support groups) 323-1708

Pima County Reverse Mortgage Programming 327-2665

Pima Council on Aging 790-7262
(advocacy, ombudsman, etc.)

**Offender Services**

Arizona Center for Mind/Body Therapy 721-2464
Aztec Counseling Services 297-1923
Cactus Counseling Association 798-3659
Center for Life Skills Development 229-6220
Counseling & Consulting Services 882-0090
Fuerza y Esperanza Counseling Services 295-0999
Marana Health Center 682-4111
Next Step Counseling 747-0405
Our Family Services 323-1708
(tailored interventions for men & women, in English & Spanish,
community & judicial mediation)

Portable Practical Education 792-5704
Reflection Family Services 795-0981

**Assistance with Pets**

Hermitage Cat Shelter 571-7839
Safe Haven Animal Shelter 327-6088

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References

1Adapted from the MAG Regional Domestic Violence Plan, August 1999. Maricopa Association of Governments.

Tucson Safe & Bright Futures is a project of the Pima Prevention Partnership funded by Federal Grant Number 5 SBFHP041016-02-00 awarded by the Office of Public Health and Science, a division of the U.S. Health and Human Services.

creating conditions for change

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Tucson Safe & Bright Futures Web Page available at www.violencefree4kids.org

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